

## **The First Step — Submission to Truth**

“I Align With the Apostles’ Doctrine”

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### **Core Teaching**

The first step into true discipleship is submission to truth. This is not a gradual preference. It is an immediate requirement.

Truth is not something a disciple grows into over time while remaining unchanged. Growth only begins after submission. A person must first come under truth before they can be shaped by it.

Many seek spiritual power, breakthrough, and authority, yet resist instruction and correction. This creates a contradiction. Power cannot rest on a foundation that rejects truth. Where there is resistance to sound doctrine, there will be instability and deception.

The pattern of the early disciples was clear. They continued steadfastly in the apostles’ doctrine. This means they did not filter truth through personal opinion or cultural influence. They aligned themselves fully with what was established as truth.

To align with truth is to come under its authority. It requires the laying down of personal interpretations, inherited beliefs, and any teaching that does not match the Word.

This is the entry point into transformation.

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### **Key Scriptures**

- Acts 2:42

“And they continued steadfastly in the apostles’ doctrine and fellowship...”

- John 8:31–32

“If you abide in My word, you are My disciples indeed. And you shall know the truth, and the truth shall make you free.”

- 2 Timothy 4:3

“For the time will come when they will not endure sound doctrine...”

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### **Practical Application**

Begin by confronting every belief you currently hold. Do not assume alignment. Test everything against the Word.

Identify any teachings you have accepted that do not align with scripture. These may have come from culture, tradition, or personal preference. Once identified, renounce them deliberately.

Establish a daily intake of the Word that is non-negotiable. This is not occasional reading. It is a disciplined pattern of abiding in truth. Consistency builds alignment.

Approach the Word with submission, not analysis alone. The goal is not information, but transformation through obedience.

As truth becomes your foundation, your thinking, decisions, and responses will begin to change.

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### **Proclamation or Exercise**

Declare daily:

“I submit myself to the truth of the Word. I align with the apostles’ doctrine. I renounce every false teaching, every distortion, and every belief that opposes truth. I choose to abide in the Word. I choose to be shaped by truth.”

After declaring, spend intentional time in scripture. Read, reflect, and identify one instruction to obey that day. Act on it without delay.

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### **Higher Level Notes (For Advanced Study)**

Truth is not only informational. It is governmental. What a disciple submits to governs their life.

False doctrine is not harmless. It creates legal access for deception to operate. Where truth is rejected, deception is permitted.

The apostles’ doctrine represents an established standard of truth that carries authority. Alignment with it brings order. Rejection of it opens the door to confusion.

Freedom is not found in seeking new experiences, but in abiding in established truth.